

LET'S TALK ABOUT THE NAME.

~~ADHD~~

(nope.)



D.A.V.E.

your new favourite diagnosis

D

Dynamically

A

Awesome

V

Variable

E

Executive

...function. We all have one. His just has opinions.

Concept: Conor Dewolfe · @conordewolfe on Instagram

BUT SERIOUSLY — THE NAME DOES MATTER.

Dr Russell Barkley — the world's leading ADHD researcher —
has long argued that "ADHD" fundamentally misrepresents the condition.

PROPOSED RENAME #1

EFDD

**Executive Function
Deficit Disorder**

Reflects the core impairment: the capacity to plan, initiate, regulate, and follow through.

PROPOSED RENAME #2

SRDD

**Self-Regulation
Deficit Disorder**

Captures Barkley's broader model: ADHD as a failure of inhibition, not primarily attention.

**"ADHD is not a problem of knowing what to do.
It is a problem of doing what you know."**

— Dr Russell Barkley